

# BEHAVING SAFELY AND RESPONSIBLY ACTIVITY WORKSHEET


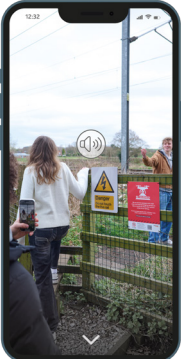
12-16 years

## ACTIVITY 1 – INFLUENCERS IN ACTION

Listen to the clips in the video of influencers in action.

What do we think the risk is in these situations? What could happen to the individuals in the pictures?  
Why is the behaviour they are displaying dangerous?

Write your answers below.

INFLUENCER SCENARIOS	ANSWERS
<p>Scenario 1</p> 	
<p>Scenario 2</p> 	
<p>Scenario 3</p> 	

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## ACTIVITY 2 – YOUNG PEOPLE AT THE STATION

Take a look at the images of young people at the railway station.

What do we think the risk is here? What could the impact be not just on the individuals but people around them?

Write your answers below.

BEHAVIOUR AT THE RAILWAY	ANSWERS
	<p>Risks:</p> <p>Impact:</p>
	<p>Risks:</p> <p>Impact:</p>

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## ACTIVITY 3 – OVERCOMING PEER PRESSURE

Behaving in an anti-social or unsafe way is dangerous not just to yourself but to those around you, and can cause severe consequences. In situations like this you may be feeling peer pressure to behave a certain way and it can be hard to highlight risk. For example, you may take more risks if you feel worried about how you will be perceived in front of your friends. It's important we all hold ourselves accountable and speak up if we think behaviour is unsafe or risky.

**If you found yourself in a situation where you didn't agree with your friend's behaviour or they were pressuring you to act in an unsafe way, what would you do?**

Spend some time now reflecting and discussing in groups the ways in which you could diffuse a situation where you were experiencing peer pressure. Remember to write your ideas down below!