

LIVING SWITCHED ON - LEARNING PATHWAYS



12-16 years

Welcome to the Living Switched On programme, where students will learn about making responsible choices around the railway. There are a range of Switched On resources to choose from, all encouraging students to develop the knowledge needed to stay safe and understand the impact that rail accidents have on many people. Not sure where to start? Or how much time you need for delivery? This resource contains our recommendations to help you utilise the Switched On resources to your best advantage, according to your schedule and the format of your curriculum.

If you want to access all of the Living Switched On resources, you can find these [here](#).

DELIVERY FORMAT	WHAT COULD I DELIVER?	START WITH...	THEN USE...	FINISH WITH...
An assembly on safety near the railway	<p>We have prepared an easy to use assembly that can be delivered to a class or a key stage, all about learning to be Switched On around the railway! It lasts approximately 15-20 minutes, and our helpful teacher guidance document helps guide you through its delivery. You can find the ready-to-use assembly presentation and teacher guidance here.</p> <p>In addition, we also have available for you to use;</p> <ul style="list-style-type: none"> Recording of our live, 30-minute 'Living Switched On' assembly 3x interactive, on-demand videos which come with accompanying activity worksheets to be completed by students whilst watching. 			
A one-off curriculum day during Rail Safety Week	<p>Break up your day by focusing on the most important learning we want students to gain about staying Switched On around the railway – focusing on the influences of other people in our decision making.</p>	<p>Use the Track facts quiz as a baseline to assess existing knowledge and understanding of rail safety.</p> <p>Take part in either our Overhead line equipment – know the score resource where students play a gameshow-style activity, answering a series of rail-related questions, make crucial decisions and compare these answers to their peers. Or complete our On a Journey case study and have students investigate what happens on the tracks after an incident occurs.</p>	<p>Using Tegan's Story and Harrison's Story, explore the impact of trespassing on the train lines, and the influences that might affect Switched On decision making. Use the Tegan's story Teacher guidance and Harrison's story Teacher Guidance for discussion questions and prompts.</p>	<p>Use the Track Back resource to identify and address unsafe behaviours and reflect on the influence friends can have on decision making.</p> <p>Challenging Influencers – Use this resource to explore the dangers of copying unsafe rail behaviours shown on social media posts.</p>
Duration		45 minutes	30 minutes	45 minutes
One PSHE lesson around railway safety	<p>When you have only got a 60-minute lesson on railway safety, use these activities to help you focus the learning!</p>	<p>Use our Sight-seeing: are you Switched On? resource to check student understanding of the rail signage that might influence their behaviours and Switched On thinking.</p>	<p>Focus on Tom's story as an example of when a risky decision caused significant impact not only to his own life but to others too. Utilise some of the questions from the Tegan's story Teacher guidance to encourage class discussion.</p>	<p>Use the Make your choice discussion cards to help students explore their personal values and potential behaviours around the railway.</p>
Duration		15 minutes	25 minutes	20 minutes

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A series of PSHE lessons across a week or a half term, focused on being safe around the railway	As you have a number of lessons, why not follow this sequence of learning, allowing your students to build progressive understanding of being Switched On near the railway.	<p><u>Session 1</u></p> <p>Start with our Track facts quiz to understand students' prior knowledge, identifying where their knowledge gaps are.</p> <p>Play the Switched On reaction game and Stopping train game to introduce students to key knowledge about the electricity that powers trains.</p>	<p><u>Session 2</u></p> <p>Now that students are familiar with the key facts associated with trains, focus on when a split-second decision has longer term consequences.</p> <p>Play Tegan's story and Harrison's story. Use the Tegan's story Teacher guidance and Harrison's story Teacher Guidance for discussion questions and prompts.</p> <p>Use the Make your choice discussion cards to help students explore their personal values and potential behaviours around the railway.</p>	<p><u>Session 3</u></p> <p>Using the On a Journey case study, investigate what happens on the railway after an incident occurs.</p> <p>Shift the focus to begin thinking about the impact an incident can have on other people, i.e. the train driver, and not just the victim. Play the Parallel Lines film. Use the Teacher guidance for discussion questions and prompts. Then, have students fill out the accompanying impact map activity.</p>
		<p>Duration</p> <p>40 minutes</p> <p><u>Session 4</u></p> <p>Help build a greater understanding of the overhead line equipment with our In-classroom science experiments.</p>	<p>45 minutes</p> <p><u>Session 5</u></p> <p>Take part in our Overhead line equipment - know the score resource, where students play a gameshow-style activity, answering a series of rail-related questions, make crucial decisions and compare these answers to their peers.</p>	<p>45 minutes</p> <p><u>Session 6</u></p> <p>Use our Sight-seeing: are you Switched On? resource to check student understanding of the rail signage that might influence their behaviours and Switched On thinking.</p> <p>Give students time and access to devices to explore the Living Switched On resource page for themselves.</p>
Duration		45 minutes	45 minutes	40 minutes