

'Railway distractions' activity worksheet

7-11 years

When travelling using trains, remaining focused and getting rid of any distractions is extremely important to avoid any accidents. Circle the correct answer to each of the below questions to prove that you can make good rail safety decisions.



Question 1

What should you do if you're using your phone on a train platform?

- a) Stand close to the edge to get a better signal
 - b) Put your phone away so you know what is going on around you
 - c) Sit down on the platform floor to avoid distractions
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Question 2

What should you do if you are waiting for a train with your friends?

- a) Find a place on the platform to sit down and wait for the train (e.g. a bench), listening out for any announcements
 - b) Stand in a group near the edge of the platform to chat
 - c) Play a game of chase on the platform to remain occupied
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Question 3

What is the best way to stay focused and safe while waiting for a train?

- a) Check your phone constantly for any updates
 - b) Read a book while standing by the edge of the platform
 - c) Stay alert and remove any distractions
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Total correct: / 3