

EMPATHY MAP ACTIVITY

12-16 years

Use the Empathy Map to try to better understand some of the people in each scenario.

Understanding people better can help us support them if they are considering taking risks. It can also help if we need to avoid peer pressure to engage in risk taking behaviour. In your group, choose different people to analyse by using the Empathy Map.

1. Tell us about this person - What is their name? What are they like?	2. What motivates them?				
6. How do they respond to criticism of their actions?	3. What does the world look like from their perspective?				
<div data-bbox="705 662 1500 1284"><p>7. What do they THINK and FEEL?</p><table border="1"><tr><td>What are their fears, frustrations and anxieties?</td><td>What are their wants, needs and hopes?</td></tr><tr><td colspan="2">Are there any words or phrases that might work to snap them out of taking risks?</td></tr></table></div>		What are their fears, frustrations and anxieties?	What are their wants, needs and hopes?	Are there any words or phrases that might work to snap them out of taking risks?	
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5. What sorts of risky actions can you imagine them taking?					